

Sweetened Condensed Milk

Makes: 12 servings

Ingredients

1 cup hot water (8 fluid ounces)

2 cups sugar

2 tablespoons margarine

4 cups dry milk powder, nonfat

Directions

1. In order listed, put ingredients into a blender and blend until smooth.
2. Store in the refrigerator for up to one week.

Source: Washington State University Extension, Favorite Recipes

Nutrition Information

Nutrients	Amount
Calories	230
Total Fat	2 g
Saturated Fat	0 g
Cholesterol	5 mg
Sodium	140 mg
Total Carbohydrate	46 g
Dietary Fiber	0 g
Total Sugars	45 g
Added Sugars included	N/A
Protein	8 g
Vitamin D	N/A
Calcium	N/A
Iron	N/A
Potassium	N/A
N/A - data is not available	